



SAILING INSTRUCTIONS

AUGUST 15, 2014

1 RULES

- 1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2 For IRC boats - IRC Rules Parts A, B and C shall apply.
- 1.3 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association shall apply.
- 1.4 For Multihull boats – the current NEMA Race Rules shall apply.
- 1.5 For HPR boats - the current High Performance Rule shall apply.
- 1.6 The US Safety Equipment Requirements of US Sailing, effective 1/1/2014 for US Coastal. A boat may not be protested for failing to comply with these requirements except by the race or protest committees
- 1.7 Rules 28, 29.1, 41, 60.1, 62.1(a), 63.1, A5 and Race Signals are changed.

2 ENTRIES

Entrants shall check in to complete registration at Ida Lewis Yacht Club on Thursday, August 14, 2014, from 1630–1800 hours.

3 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board located on the deck on the east side of the Ida Lewis Yacht Club club house.

4 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 0800 hours on the day of the race.

5 SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 5.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag “AP” is lowered. This changes Race Signals.
- 5.3 The Race Committee may make announcements on VHF Channel 79A. Failure of the Race Committee to make such announcements, or failure of competitors to receive or hear such announcements will not be grounds for redress. This changes rule 62.1 (a).

6 CLASSES AND CLASS FLAGS

- 6.1 Boats will be divided into classes. The Class Flag for each class shall be the numeral pennant for that class’s number. Each boat shall race in the class to which it is assigned on the scratch sheet.
- 6.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

7 CHECK IN AND RETIREMENT

- 7.1 Prior to the first warning signal, boats shall check in with the Race Committee by passing astern of the Committee Boat on starboard tack and hailing their sail numbers, and having the Race Committee respond.
- 7.2 Boats retiring shall inform the Race Committee by phoning **(401) 846-1969 ext. 4** as soon as possible.

8 COURSES

8.1 Course 1 - Montauk Course - approximate distance 170 nm

Start – East Passage Narragansett Bay, south of Rose Island
RW “NB” MoA WHIS, ENE of Point Judith to port
Buzzards Bay Tower Fl 2.5 sec Horn to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point to port
Waypoint Alpha at 41:06.00 North 71:23.24 West to port
Buzzards Bay Tower Fl 2.5 sec Horn to port
G “1” Fl G 4s Gong, ENE of Montauk Point to starboard
Finish – off Ida Lewis Yacht Club

8.2 Course 2 – Block Island Course - approximate distance 150nm

Start – East Passage Narragansett Bay, south of Rose Island
RW “NB” MoA WHIS, ENE of Point Judith to port
Buzzards Bay Tower Fl 2.5 sec Horn to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point to port
Waypoint Alpha at 41:06.00 North 71:23.24 West to port
"Buzzards Bay Tower" Fl 2.5 sec Horn to port
Waypoint Alpha at 41:06.00 North 71:23.24 West to starboard
Finish – Off Ida Lewis Yacht Club

8.3 Course 3 – Nomans Course - approximate distance 121nm

Start – East Passage Narragansett Bay, south of Rose Island
RW “NB” MoA WHIS, ENE of Point Judith to port
"Buzzards Bay Tower" Fl 2.5 sec Horn to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point to port
Waypoint Alpha at 41:06.00 North 71:23.24 West to port
"Buzzards Bay Tower" Fl 2.5 sec Horn to port
R “2” QR Whistle, Brenton Reef to starboard
Finish – Off Ida Lewis Yacht Club

8.4 Course 4 – Buzzards Bay Tower Course - approximate distance 102nm

Start – East Passage Narragansett Bay, south of Rose Island
RW “NB” MoA WHIS, ENE of Point Judith to port
"Buzzards Bay Tower" Fl 2.5 sec Horn to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point to port
Waypoint Alpha at 41:06.00 North 71:23.24 West to port
Finish – Off Ida Lewis Yacht Club

8.5 Waypoint

- A. A waypoint is a position, other than a mark, described by latitude and longitude coordinates.
- B. Waypoint Alpha is located at:
Longitude 41:06.00 North
Latitude 071:23.24 West
- C. For courses 1, 3 and 4:
1. Waypoint Alpha shall be left to port when passing or rounding, and

2. When passing or rounding Waypoint Alpha to port, a yacht shall pass through a rounding quadrant between bearing lines **0** degrees and **270** degrees magnetic to the waypoint.
- D. For course 2:
 1. On the legs between G "1" Fl G 4s Gong, ENE of Montauk Point, and "Buzzards Bay Tower" Fl 2.5 sec Horn:
 - a. Waypoint Alpha shall be left or passed to port; and
 - b. When passing or rounding Waypoint Alpha to port a yacht shall pass through a rounding quadrant between bearing lines **0** degrees and **270** degrees magnetic to the waypoint.
 2. On the legs between "Buzzards Bay Tower" Fl 2.5 sec Horn and the Finish – off Ida Lewis Yacht Club:
 - a. Waypoint Alpha shall be left or passed to starboard, and
 - b. When passing or rounding Waypoint Alpha to starboard a yacht shall pass through a rounding quadrant between bearing lines **0** degrees and **90** degrees magnetic to the waypoint.
- 8.6 Rule 28 is changed as follows:
 - A. Rule 28. Sailing The Course
 - B. 28.1 A boat shall *start*, sail the course described in the sailing instructions and *finish*. While doing so, she may leave on either side a *mark* or a *waypoint* that does not begin, bound or end the leg she is sailing. After *finishing* she need not cross the finish line completely.
 - C. 28.2 A string representing a boat's track from the time she begins to approach the starting line from it's pre-start side to *start* until she *finishes* shall, when draw taut,
 - a. pass each *mark* or *waypoint* on the required side and in the correct order,
 - b. touch each rounding *mark*, or *waypoint*, and
 - c. pass between the *marks* or *waypoints* of a gate from the direction of the previous *mark* or *waypoint*.

She may correct any errors to comply with this rule, provided she has not finished.
- 8.7 Room to pass a waypoint
 - A. When rule 20 applies, SI 8.7.B and 8.7.C do not.
 - B. When overlapped boats are approaching a waypoint to pass it on the required side the outside boat shall give the inside boat room to pass the waypoint unless the outside boat has been unable to do so from the time the overlap began;
 - C. If the inside boat has reasonable doubt that she has room to pass the waypoint, she may hail the outside boat accordingly. The outside boat shall give the inside boat additional space unless she is unable to do so.
- 9 THE START**
- 9.1 Friday, August 15:

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|------------------------------|------------|
| Warning Signal Double-handed | 1230 hours |
| Warning Signal Multihulls | 1245 hours |
| Warning Signal PHRF | 1300 hours |
| Warning Signal IRC | 1315 hours |
- 9.2 Races will be started in accordance with rule 26.
- 9.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.
- 9.4 Boats shall keep clear of the starting area unless starting.
- 9.5 Any boat not starting within **15** minutes of the last starting signal of the day shall be scored DNS without a hearing, this changes rule A5

- 9.6 The Race Committee may hail boats starting prematurely on VHF Ch 79A, but failure to do so is not grounds for redress. This changes rules 29.1, 41 and 62.1(a)
- 9.7 An OCS boat that does not return and restart in accordance with rule 29.1 shall have one (1) hour added to her elapsed time without a hearing. This changes rules 63.1 and A5.

10 THE FINISH

- 10.1 The finish shall be a line between G “3” Fl G 2.5 sec Bell off Goat Island and a staff displaying an orange flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy, which shall be left to starboard when finishing is a *mark* of the course but not part of the Finish Line. It is intended to provide a rough approximation of the angle of the finish line. The Orange flag will be illuminated at night.
- 10.2 Boats approaching the finish, when they are abeam of Castle Hill Light, shall call the Race Committee on VHF Ch 79A or via telephone (401) 846-1969 ext. 4. and report their boat name, sail number and time. If reporting by telephone, information may be left on the answering machine.
- 10.3 At night, boats shall illuminate their sail numbers when approaching the finish line.
- 10.4 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.
- 10.5 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules. The declaration shall include an affirmative statement that the boat passed the Waypoint Alpha as specified in the course description and passed through the required Rounding Quadrant(s). The completed declaration may be presented to the Race Committee on the RC mark boat after finishing or delivered to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.
- 10.6 The Organizing Authority, Race Committee and/or the Protest Committee may request that a boat provide evidence that they passed the Waypoint Alpha and passed through the rounding quadrant(s) correctly.
- A. For the purpose of satisfying this requirement a boat may submit a photo of a GPS screen showing the boat's position and time while the boat is passing the mark and through the rounding quadrant, or a time stamped GPS track of the boat for the race.
- B. If a boat receives a request from one of the parties in SI 10.6 and fails to provide such evidence within one (1) hour of receipt of such request, the boat may be scored DNF without a hearing. A boat receiving such a penalty may request a hearing. This changes rule A5.

11 PENALTY SYSTEM

Scoring Penalty, rule 44.3 shall apply.

12 TIME LIMIT

The time limit for all boats is 1800 hours on Saturday, August 16, 2014.

13 RENDERING ASSISTANCE

- 13.1 Attention is drawn to the responsibility imposed by good seamanship and Rule 1.1 (Helping Those in Danger).
- 13.2 At the discretion of the Race Committee, an elapsed time credit will be given to a boat rendering assistance to, or standing by, a vessel in distress. To receive such credit, within one (1) hour of finishing, the skipper of the boat rendering assistance must submit a written statement to the Race Committee detailing the location, time spent and extra distance traveled, if any.

14 PROTESTS

- 14.1 Boats intending to file a protest shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at (401) 846-1969, ext. 4 until acknowledged
- 14.2 Protests must be submitted in writing to the Race Committee Finish Line duty desk at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available from the Race Committee Finish Line duty desk located on the deck on the north side of the Ida Lewis Yacht Club.
- 14.3 The Protest Committee anticipates that it will begin hearing protests at 1500 on Saturday, August 16, 2014.
- 14.4 The Protest Committee may apply a penalty other than disqualification for a breach of a non-Part 2 rule. This changes rule 64.1.

15 SCORING

- 15.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 15.2 PHRF: Time allowances for PHRF boats will be in seconds per mile as provided by PHRF-Narragansett Bay.
- 15.3 Multihulls: Time allowances for Multihull boat will be Time on Time as provided by NEMA.

16 GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

17 ADVERTISING

- 17.1 Advertising shall be in accordance with ISAF regulation 20.
- 17.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 17.3 Advertising for tobacco products are prohibited.
- 17.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

18 PRIZES

- 18.1 Prizes will be awarded on Saturday, August 16, at 1950 hours at Ida Lewis Yacht Club.
- 18.2 The following prizes will be awarded:
 - A. The Russell L. Hoyt Memorial Trophy for the IRC Division Best Elapsed Time;
 - B. The Lois J. Muessel Memorial Trophy for the PHRF Division Best Elapsed Time;
 - C. The Commodore's Trophy for the IRC Division, Corrected First Place.
 - D. The Lime Rock Trophy for the PHRF Division, Corrected First Place
 - E. Double-Handed Division, Corrected First Place
 - F. The Arent H. Kits van Heyningen Trophy for the Youth Challenge, Corrected First Place
 - G. William E. Tuthill Trophy for the Collegiate Challenge, Corrected First Place.
 - H. Cruising Spinnaker Division Trophy, Corrected First Place.
 - I. Multihull Division, Corrected First Place
- 18.3. Additional prizes may be awarded at the sole discretion of the organizing authority and may be based on criteria other than the regatta.

19 NOTES

- 19.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 19.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 19.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.

- 19.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
19.5 In an emergency, if there is no one on duty at (401) 846-1969 ext. 4, competitors are requested to call (214) 244-4955.

20 SPECIAL LIMITATIONS and REQUIREMENTS

- 20.1 All yachts shall carry, mount, and keep turned on while racing, a Kattack transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later may be scored DNF without a hearing. This changes RRS 63.1.
20.2 Protests alleging infringement of SI paragraphs 10, 17, 19 and 20 shall only be initiated by the Ida Lewis Distance Race Organizing Authority. This changes RRS 60.1

**Ida Lewis Yacht Club
Commodore Gary H. Lash**

**Ida Lewis Yacht Club
Race Committee Chair
John Horton**

**Ida Lewis Distance Race Chair
Simon Davidson**

**Principal Race Officer
Peter Gerard**

**Chief Judge
Ron Hopkins**



Ida Lewis Distance Race is proud to support Sailors for the Sea Clean Regattas as a Silver Partner.